



# 29th National Conference Program

Sheraton Austin Hotel at the Capitol  
701 E 11th St.  
Austin, TX 78701

**March 21-23, 2019**

## Welcome from NADA's President

Welcome to the 29th National Conference for the NADA protocol. This year the theme is: The Spirit of NADA Rises. We have come back to Texas, now for the third conference in the state. There has been an ADS law in Texas since the mid-1990s, with active use of NADA in addiction treatment throughout the state. Nationwide we are seeing more and more uses of the NADA protocol to aid not only in recovery from addictions but rising to address needs in behavioral health as well as in preventative health, encouraging wellness. We support any attempts to expand the scope of practice to include more venues and providers where NADA can help, both in Texas and throughout the U.S. and Canada.

We are fortunate to host John Weeks as our keynote speaker. As the editor-in-chief of the Journal of Alternative and Complementary Medicine he has vast knowledge of the benefits of complementary treatments and he has followed the development of NADA as an organization from its early days. He is an excellent resource to help us learn how to continue to raise awareness and knowledge about this simple but powerful treatment, which can be an adjunct to treatment for many. We will hear from a wide variety of programs where the NADA protocol has been implemented as an aid with significant benefits including in academic and military institutions as well as community organizations. We hope this conference invigorates you to go back into your community and support the expansion of this complementary treatment.

Whether you are new to NADA or a long time member, I welcome you to the conference and encourage you to connect with your NADA community. We invite all questions you may have about NADA. In the Spirit of NADA, we welcome suggestions you may have as to how NADA can help open the path to recovery for people challenged by addictions, mental health instabilities and trauma.



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## NADA Mission Statement

The National Acupuncture Detoxification Association (NADA), a not-for-profit training and advocacy organization, encourages community wellness through the use of a standardized auricular acupuncture protocol for behavioral health, including addictions, mental health, and disaster and emotional trauma. We work to improve access and effectiveness of care through promoting policies and practices which integrate NADA-style treatment with other Western behavioral health modalities.

Not a member of NADA yet?

Email [nadaoffice@acudetox.com](mailto:nadaoffice@acudetox.com) or call (888) 765-6232 to join.

# ***The Spirit of NADA Rises***

National Acupuncture Detoxification Association's 29th National Conference:  
March 21-23, 2019 at the Sheraton Austin at the Capitol  
701 E. 11th St., Austin TX 78701

## **Thursday, March 21: 2.0 CEs**

**9:00 am-11:00 am** Exploring the legacy of NADA's founder, Michael O. Smith, and how NADA will continue to keep a focus on those most in need.  
*Brad Anderson, SaraBeth Dukes, Jean Guyette, Eva Hurst, Sheila Murphy, Daksha Patel, Nancy Smalls and Taneha Watts*  
Moderator: Jo Ann Lenney

**11:00 am-12:00 pm** Refreshment Break

## **Friday, March 22: 7.0 CEs**

**8:30 am-9:00 am** Conference Opening and Welcome  
*Sara Bursać, Executive Director*  
*Amina Haji, Founder and CEO, Karisha Community*  
*Co-Founder and Executive Director, Austin Health Commons*  
*Libby Stuyt, NADA President*

Texans Welcome NADA

**9:00 am-10:15 am** Keynote Address: John Weeks 1.25 CE  
*NADA Amidst the 50-year Evolution Toward Integrative Health*

**10:15 am-10:45 am** AM Refreshment Break

**10:45 am-12:00 pm** Emergent Strategies in NADA: The Road to New ADS Laws 1.25 CE  
*Maine: Marie Arnberg and Mary Beth Hassett*  
*West Virginia: Ardyth Gilbertson and Tara Welty*

**12:00 pm-1:30 pm** Lunch in the backYARD (outdoor dining patio) 1.0 CE  
Amina Haji: Changing the Culture of Health and Health Care  
*Or attend a 12-Step Meeting & Lunch in Bonnell*

**1:30 pm-3:00 pm** Serving Those Who Serve: 1.5 CE  
NADA for Military and Veterans' Communities  
*Cornelia Jones, Marti Stany, and Karen Williams*  
Moderator: Mark Farrington

**3:00 pm-3:30 pm** PM Refreshment Break

**3:30 pm-4:15 pm** Personal Experiences with NADA 0.75 CE  
*Linda and Kathie Beasley: Supporting physical health and family connection*  
*Hope Person and Kiley Myers: Interning at the NADA office*

**4:15 pm-5:00 pm** Growing NADA in Puerto Rico: An Exceptional Undertaking 0.75 CE  
*Jose Santini and Célia Perez-Booth*

**Friday, March 22, 2019 cont.**

**5:00 pm-5:30 pm**      The Spirit of NADA Rises: Michael Smith's Legacy      0.50 CE  
*Jo Ann Lenney and Nancy Smalls*

**5:30 pm-6:00 pm**      Closing of day with music

***Keynote Speaker: John Weeks***

*Weeks is a writer, speaker, chronicler, and organizer whose work in the movement for integrative health and medicine began in 1983. He is publisher-editor of The Integrator Blog News & Reports, which since 1995 - in various forms - has created primary connective terrain for the diverse stakeholders and professions in the field. Four academic institutions have granted Weeks honorary doctorates for his work. Seattle-based, he considers himself a lucky soul to have worked remotely while living with his family in Costa Rica, Nicaragua, and Puerto Rico for 6 of the last 15 years.*



**John Weeks**

Friday 9:00-  
10:15 am

***Luncheon Speaker: Amina Haji***

*Founder and CEO of Karisha Community: Bridging Food, Medicine, and Health for All - [www.karisha.org](http://www.karisha.org). Co-Founder and Executive Director of Austin Health Commons - [www.austinhealthcommons.org](http://www.austinhealthcommons.org). "We are transforming the culture of health and health care. We are shifting from sick care to health care and ending economic segregation of health care. As a community, we are cultivating root cause healing and community ownership of health. In 2020, we will break ground on our prototype center, Karisha Community.*



**Amina Haji**

Friday 12:30-  
1:30 pm

**Notes:**

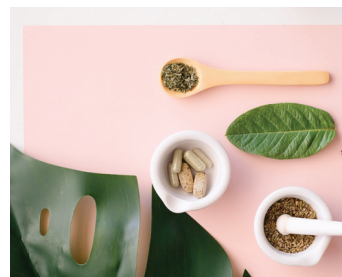


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A special thank you to **ACP Medical Supplies/Carbo, Acurea, Helio, Lhasa OMS and Nutracontrol** for making a donation of needles, acupressure beads/seeds and sleepmix tea that were used in the pre-conference training.

NADA would also like to acknowledge the trainers who volunteered their time to lead the pre-conference training: **Katurah Bryant, Cally Haber, Bob Storrer and Claudia Voyles.**

We appreciate your support and commitment to the ***Spirit of NADA!***



**Saturday, March 23, 2019: 6.0 CE**

<b>7:30 am-8:30 am</b>	NADA Annual Meeting	
<b>8:30 am-9:30 am</b>	Beyond Behavioral Health: NADA in the Community <i>Jean Guyette, Eva Hurst and Arlo Innis</i> Moderator: Phyllis Spears	1.0 CE
<b>9:30 am-10:00 am</b>	NADA: A Resource for People Trying to Cross the Border <i>Ike Treviño</i>	0.50 CE
<b>10:00 am-10:30 am</b>	Refreshment Break	
<b>10:30 am-11:30 am</b>	Emergent Strategies in NADA: Creating a Broader Context <i>Arizona: Patricia Clark and Sue Tham</i> <i>Texas: Claudia Voyles, John Harvey and Martha Marshall</i> Moderator: Mary Walle	1.0 CE
<b>11:30 am-12:00 pm</b>	Healing and Hope: A Call for Solutions for the Reservations of Northern Arizona <i>Chuck Pyle</i>	0.50CE
<b>12:00 pm-12:30 pm</b>	Using Film to Communicate our Message: 6th Annual Video Contest	0.50 CE
<b>12:30 pm-1:30 pm</b>	Lunch in the backYARD (outdoor dining patio) <i>Or attend a 12-Step Meeting &amp; Lunch in Bonnell</i>	
<b>1:30 pm-3:15 pm</b>	College Campuses Invest in Support for Students <i>Adams State University: Aftin Gillespie and Lis Tomlin</i> <i>AOMA: Robert Laguna</i> <i>Colorado State University at Pueblo: Marla Lucero</i> <i>Michigan State University: Sara Marino (previously employed at MSU)</i> <i>Naropa University: Laurel Miller</i> Moderator: Libby Stuyt	1.75 CE
<b>3:15 pm-4:00 pm</b>	Closing Address: The Simplicity of the NADA Spirit <i>Sheila Murphy</i>	0.75 CE
<b>4:00 pm-4:30 pm</b>	Conferring of ADS Certificates of Training	

Remember to turn in your CEU sheets in order to receive the credit.  
Thank you for attending!

Take any pictures at the conference? Please share them with us.  
Send them to [nadaoffice@acudetox.com](mailto:nadaoffice@acudetox.com)

## Alphabetical List of Speakers and their Contact Information

<b><u>Last Name, First Name</u></b>	<b><u>E-mail Address</u></b>	<b><u>Credentials</u></b>	<b><u>City, State</u></b>
Anderson, Brad	<a href="mailto:bradandersonrec@yahoo.com">bradandersonrec@yahoo.com</a>	CTRS	Walden, NY
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Beasley, Kathie	<a href="mailto:kathiebeasle@gmail.com">kathiebeasle@gmail.com</a>	CMT	Laramie, WY
Beasley, Linda			Laramie, WY
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Dukes, SaraBeth	<a href="mailto:bessdukes@gmail.com">bessdukes@gmail.com</a>	MAc., LAc	Columbia, MD
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Gilbertson, Ardyth	<a href="mailto:ardythg@gmail.com">ardythg@gmail.com</a>	RN	Sheperdstown, WV
Gillespie, Aftin	<a href="mailto:aftingillespie@adams.edu">aftingillespie@adams.edu</a>	LPC, NCC, LPCC	Alamosa, CO
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Murphy, Sheila	<a href="mailto:hon.smurphy@gmail.com">hon.smurphy@gmail.com</a>	Hon. Judge	Chicago, IL
Myers, Kylie	<a href="mailto:kiley19@gmail.com">kiley19@gmail.com</a>	BSW 2019 (expected)	Laramie, WY
Patel, Daksha	<a href="mailto:daksha1909@yahoo.com">daksha1909@yahoo.com</a>		Ottawa, ON, Canada



## Alphabetical List of Speakers and their Contact Information, cont.

<b><u>Last Name, First Name</u></b>	<b><u>E-mail Address</u></b>	<b><u>Credentials</u></b>	<b><u>City, State</u></b>
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Welty, Tara	<a href="mailto:tygwelty@gmail.com">tygwelty@gmail.com</a>	LAc	Petersburg, WV
Williams, Karen	<a href="mailto:ckrun@hotmail.com">ckrun@hotmail.com</a>	FNP-BC	Salado, TX

**Notes:**



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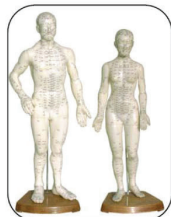
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