

NADA Changes the Dominant Paradigm

Creating a Zone of Peace

GROUP SETTING

Safe reassuring environment
Avoids transference issues
Giving, attentive relationship
Exemplifies sobriety

NONVERBAL PROCESS

Bypasses denial and resistance issues
Not driven by verbal cues
Not diagnosis-driven
Helps people listen
Access to inner, spiritual dimension

EXTENDS PARADIGM SHIFT OF AA

Sobriety is an attainable, positive goal
Addiction has a crucial spiritual dimension
Primary experience leads the way
Crisis and wellness support simultaneously available

NEW AREAS OF SERVICE

Simple, transparent, flexible setting
Foundation for innovative program development
Same protocol reaches all types of addiction
Alleviates mental health problems
Helps problems outside of diagnostic boundaries, such as shame, grief, and family violence
Successful programs reach adolescents, gang members, prisoners, refugees, victimized communities, and trauma survivors
Both sides of a family or community conflict can be served simultaneously

TRANSFORMATION OF STAFF ROLES

Caregivers at any level can be trained to provide NADA acupuncture
Uniformed service personnel have been trained on a large scale
Supports caregivers against stress and burnout

UNIVERSALITY

Low cost
Acceptance in a wide range of languages and cultures
Easily taught and exportable to any location
Convenient integration into a wide variety of settings



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