



NADA Training Online: Best Practices

February 8 & 9, 2021



Welcome!

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The beginnings of the TNT



TNT = Transformer Nonprofit Ninja Team



Support from the NADA board

- ★ To respond quickly to the need for NADA trainers to keep teaching the NADA protocol
- ★ Members of the TNT online work group came from of two RT webinars held in early April, 2020
- ★ TNT developed an application and review structure and started accepting applications in May, 2020



Online training application process

- Pilot of online trainings began in May and concluded in December, 2020
- Review process - three stages
- Benefits of the TNT workgroup



Presentations from three trainers:

Lessons Learned

Victoria Taylor, Shimila Keenum and Ryan Bemis

What are the standout points from the small groups? (Monday Feb 8)

Group 1 - Elissa

Practicing with needles online? No needles - learned that in-person
Worked with a co-trainer, three cohorts - smaller groups where people could socially distance & learn needling
How long between end of online training and in-person training?
Keeping people engaged requires less feeling of retraining - Facebook group - keeping engaged
Talking for a long time is hard, as a trainer - using a lot of small group work helped a lot
How is the process for a trainer in training to set up a training?

Group 2 - Victoria

Because of limited geography, you can collaborate with RTs in different states - makes the training richer
Students need to have adequate opportunity for clinical practice after the training - can be challenging to help students from lots of different places get their
Clinical practice

Group 3 - Sue

What's the process going to be from this point forward? Application process?
Teaching resources - people sharing their resources with each other
Who are the tribal members being trained? Many different kind of healthcare disciplines represented
Use of role play and scenarios as a support for teaching cultural competence
Grab and go activity - people can pick up beads/seeds to use
Keeping people engaged in between training very important

What are the standout points from the small groups? (Tuesday, Feb 9)

Group 1 - Victoria

Respecting facilitators/teachers/self as professionals. Offering an honorarium to guest speakers

Sharing resources - using Rhonda's games for ex.

Difference of on-demand modules and live courses

Start out by presencing energy - start out with something fun that creates engagement between teachers and students

Make sure to run through the technology prior to class

Encourage students to use beads and seeds with everyone they know

Group 2 - Shimila

How to shift the focus of the first day, how to make it interesting, interspersing games throughout day

Reach out to Shimila if you want help developing your training plan

Having other co-trainers created much better balance

Do you have an alumni group? No, but great idea!

Great way to network in a state - train with trainers across the state, and bring trainees in from across the state. And collaborate together.

For in-person training, more than 20 people showed up for the clinic. Felt scary but it all worked.

Most challenging part: needling with a mask, glasses, face shield and gloves

Can we be creative with the clinical part of the training?

If we move towards Spirit of NADA vs technique of NADA, this can help us broadening our reach



Feedback from Tuesday groups, cont.

Group 3 - Ryan

What's your own personal growing curve - what would your challenge be to overcome

Barriers of financing, how to get the word out

How do you offer scholarships? It's easy to do, to send someone a link -easy to include people

Using Eventbrite to get the word out, social media, email list

Reach out to acupuncturists in your area - they learn the protocol in school, but not necessarily NADA

A lot of acupuncturists will be out of work this year, and they will be looking for ways to get plugged in to the community

It would be nice to have a format for training so you don't build things from scratch

Take as many trainings that are out there, and learn, get curious - you will always learn something, even if it is, how not to do a training



Recommendations for online training

- ❖ Refer to the [Online Training Guide](#) for a detailed description of all the recommendations we will review today
- ❖ General recommendations
- ❖ Schedule and Length of Training



Recommendations, cont.

- ❖ Preparation
- ❖ Communication with trainees
- ❖ Content
- ❖ Attendance
- ❖ Registration
- ❖ At the end of the online portion of the training
- ❖ Admin support going forward



Announcements!!!

- ★ We would love your feedback on this webinar, whether or not you are getting continuing education! **Here is your event evaluation:**
<https://lp.constantcontactpages.com/sv/tbsR079>
- ★ Please join us for the February Membership Cafe on Wednesday, Feb 17 from 10-12pm MST
Special hosts: Mary Walle and AnneMarie Ladlad
Topic: **Looking Forward: NADA's Role in Genuine Social Change**
- ★ **Mark your calendars!** June 10 and 12, 2021 (whichever date works best for you) - RT Annual Meeting (virtual)