

THE NADA PROTOCOL

The NADA Protocol is a non-verbal approach to healing.

It is a standardized ear acupuncture and acupressure treatment that involves the gentle placement of up to 5 needles or seeds & beads into specific sites on each ear and sitting quietly, usually in a group setting, for 30-45 minutes.

BENEFITS

- Increased calmness, better sleep
- Decrease in anxiety and agitation
- Reduced cravings for alcohol and other drugs (including nicotine)
- Relief from stress & trauma
- Easier connection with counseling & other health & healing treatments

ABOUT US

NADA is a membership training and advocacy organization committed to making the NADA protocol accessible to all. We do this by supporting our members, training trainers, advocating for more accessibility, and coordinating regional & national gatherings.



I feel like I'm getting my internal batteries recharged. I haven't suffered any panic attacks since starting the weekly NADA treatment, and as I know the benefits to me, I promote them to others in the prison to help them, too."

CONTACT US

**National Acupuncture
Detoxification Association**

www.acudetox.com
PO Box 1066
Laramie, WY 82073



**NATIONAL ACUPUNCTURE
DETOXIFICATION ASSOCIATION**

**A tool for healing, wellness, & community
empowerment**

FIND A NADA CLINIC

NADA Clinics are offered in hospitals, schools, community centers, behavioral health treatment facilities, and more.

Look for a program near you:

www.acudetox.com/programs

BECOME A MEMBER

All are welcome to join NADA. Your member dues give you access to all membership services & resources, as well as supporting the work to make NADA accessible to all.

NADA Members are:

- People supportive of the work to increase access to the NADA protocol
- Doctors, nurses, psychologists, and other health providers
- EMTs, disaster relief responders
- Social workers, integrative & behavioral health providers

National & Regional Events

Connect with and learn from the NADA community at regional, national, & international NADA Meetings.

NADA OFFERS

Training & Membership Support

Become a member and get trained in the NADA protocol, and you join a community of more than 2,000 people providing this simple & powerful treatment across North America and internationally.

Consultation & Advocacy

- Technical assistance to set up a NADA clinic in diverse settings
- Advocacy support to members working on legislative change



Acupuncture is a living thing. It moves lightly & quickly. It crosses lines of gender, race, and culture. It connects to someone's inner spirit & it's a tremendous privilege."

-Michael Smith

GET TRAINED

Who can get trained?

There are more than 25,000 people worldwide who have been trained as an acupuncture detoxification specialist. .

Learn about your eligibility & upcoming trainings near you:

www.acudetox.com/training